

LUNCH

January 2025



Forest Grove Community School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
No School 30	No School 31	Holiday	No School 1	No School 2
Hearty Chili Pan (V/DF/GF) FNL Lunch Pack (CL) Fruit & Vegetable Milk 6	Cheesy Quesadilla (V) Sunbutter & Jelly sandwich (V/DF/CL) Fruit & Vegetable Milk 7	Breakfast for Lunch- French Toast (V) FNL Veg Lunch Pack (V/DF/GF/CL) Fruit & Vegetable Milk 8	Taco Salad (CL) Sunbutter & Jelly sandwich (V/DF/GF/CL) Fruit & Vegetable Milk 9	Traditional Pizza Bagel (V) Sunbutter & Jelly sandwich (V/DF/GF/CL) Fruit & Vegetable Milk 10
Breaded Chicken Sandwich FNL Lunch Pack (CL) Fruit & Vegetable Milk 13	Bean & Cheese Burrito (V) Beyond Taco Salad (V/DF/GF/CL) Fruit & Vegetable Milk 14	Fish Sticks Sunbutter & Jelly sandwich (V/DF/GF/CL) Fruit & Vegetable Milk 15	Chicken Ceasar Salad (CL) FNL Veg Lunch Pack (V/DF/GF/CL) Fruit & Vegetable Milk 16	Orange Chicken & Rice Sunbutter & Jelly sandwich (V/DF/CL) Fruit & Vegetable Milk 17
MLK DAY 20	Cheeseburger FNL Veg Lunch Pack (V/DF/GF/CL) Fruit & Vegetable Milk 21	Breakfast for Lunch- French Toast (V) FNL Veg Lunch Pack (V/DF/GF/CL) Fruit & Vegetable Milk 22	Hearty Spaghetti Pan (V/DF/GF) Sunbutter & Jelly sandwich (V/DF/GF/CL) Fruit & Vegetable Milk 23	Grading Day 24
Grading Day 27	Breakfast for Lunch- Pancakes (V) FNL Veg Lunch Pack (V/DF/GF/CL) Fruit & Vegetable Milk 28	Hearty Chili Pan (V/DF/GF) Beyond Taco Salad (V/DF/GF/CL) Fruit & Vegetable Milk 29	Mac & Cheese (V) FNL Veg Lunch Pack (V/DF/GF/CL) Fruit & Vegetable Milk 30	Roasted garlic pizza bagel - ✓ Sunbutter + Jelly sandwich - V/DF/GF Fruit + vegetable Milk 31

ALL MEALS ARE SERVED WITH FRESH FRUITS AND VEGETABLES, SUBJECT TO CHANGE BASED ON AVAILABILITY
ALL MEALS ARE SERVED WITH A VARIETY OF MILK

V = vegetarian | DF = dairy free | GF = gluten free | CL = Cold Lunch

This institution is an equal opportunity provider.